

Co-Curricular Handbook Easter 2025



inspired

Embracing **Individuality**.
Preparing **Leaders**.



ST. ANTHONY'S SCHOOL
FOR BOYS

Easter 2025
Senior House

Dear Parents,

Please find below our Co-Curricular Booklet options for the Easter Term 2025.

Clubs will run from Monday 13th January to Friday 21st March 2025 (Half Term from Monday 17th February – Friday 21st February) – 9 Weeks

Students benefit from a remarkable range of clubs our teachers offer before school; at lunchtime and after school.

We encourage our students to take part in the co-curricular activities, which enables them to explore new interests, cultivate passions, and allows them to form new friendships with others within and across year groups. If you or the students have an idea for a club that would garner interest, please do not hesitate to let us know.

If you have any questions or comments, please do not hesitate to contact us at:

Anthony.Christoforou@stanthonysprep.co.uk

All the best,

Anthony



Registration Process for Internal Clubs

All registration for internally provided clubs (which do not carry an additional cost) will be made via Firefly. The following two groups have been created on Firefly:

- **Junior House Hobbies Easter Term 2025**
- **Senior House Hobbies Easter Term 2025**

Staggered Registration

To allow all our boys at St. Anthony's to have a greater opportunity to join an activity they really enjoy, once again we will implement a staggered registration process.

These can be applied for using Firefly.

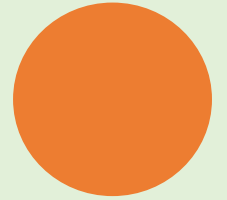
2. The first round of the booking process will go live on Firefly on **Monday 18th November at 7:00pm**. Parents will be able to make **ONE SELECTION FROM EACH GROUP OF HOBBIES ONLY**.
3. The second round of the booking process will go live on Firefly on **Tuesday 19th November at 7:00pm**. Parents will be able to make a **SECOND SELECTION FROM EACH GROUP OF HOBBIES ONLY**.
4. The third round of the booking process will go live on Firefly on **Wednesday 20th November at 7:00pm**. Parents will be able to make a **THIRD SELECTION FROM EACH GROUP OF HOBBIES ONLY**.
5. The final round of the booking process will go live on Firefly on **Thursday 21st November at 7:00pm**. Parents will be able to select as many options as possible that remain.

Also, spaces are strictly limited to the numbers detailed in the Booklet. No bookings will be accepted after the **booking system closes on Friday 22nd November at 3:00pm**.



Registration Process for External Clubs

- Please sign up for Externally Provided Clubs using ParentPay. This will be available from Monday 18th November at 7:00pm and close on Friday 22nd November at 3:00pm.
- External clubs will continue to be booked directly through ParentPay and there will be NO STAGGERED BOOKING for these clubs. It will be completed on a first come first served basis.
- **PLEASE ENSURE YOU ARE ABLE TO ACCESS PARENTPAY IN ADVANCE.**
- **PARENTS OF CHILDREN THAT ARE NEW** to the school should have been emailed an activation letter, which contains the necessary information to activate their account on ParentPay. They will not be able to book or pay for any items on ParentPay unless their account is activated.
- If you have any issues logging into ParentPay, please contact anthony.christoforou@stanthonysprep.co.uk



Year 4

Monday	Tuesday	Wednesday	Thursday	Friday
Throughout the Day				
LAMDA	LAMDA			LAMDA
Morning				
Strings Orchestra – 8:30am to 9:00am	HIIT – 8:10am to 8:50am		Geography Society – 8:15am to 8:50am	Swimming – 7:45am to 8:30am
	Wind Band – 8:30am to 9:00am			
Lunch Time				
Chess – 1:00pm to 1:55pm			Chess – 1:00pm to 1:55pm	SH Choir – 1:00pm to 2:00pm
After School				
Astronomy – 4:10pm to 5:00 pm	Fencing – 4:10pm to 5:10pm	Little House of Science – 4:10pm to 5:10pm	Karate – 4:10pm to 5:10pm	Coding – 4:10pm to 5:10pm
Drama – 4:10pm to 5:00 pm	Playground Games – 4:10pm to 5:00 pm	Jazz Club – 4:10pm to 4:40pm	Italian – 4:10pm to 5:00 pm	Table Tennis Coach – 4:10pm to 5:10pm
Minecraft – 4:10pm to 5:00 pm		Arts and Crafts – 4:10pm to 5:00 pm		

Year 5

Monday	Tuesday	Wednesday	Thursday	Friday
Throughout the Day				
LAMDA	LAMDA			LAMDA
Morning				
Strings Orchestra – 8:30am to 9:00am	HIIT – 8:10am to 8:50am		Geography Society – 8:15am to 8:50am	Swimming – 7:45am to 8:30am
	Wind Band – 8:30am to 9:00am			
Lunch Time				
		Chess – 1:00pm to 1:55pm	Chess – 1:00pm to 1:55pm	SH Choir – 1:00pm to 2:00pm
		Rock Band – 1:00pm to 1:45pm		
After School				
Astronomy – 4:10pm to 5:00 pm	Fencing – 4:10pm to 5:10pm	Little House of Science – 4:10pm to 5:10pm	Karate – 4:10pm to 5:10pm	Coding – 4:10pm to 5:10pm
Drama – 4:10pm to 5:00 pm	Playground Games – 4:10pm to 5:00 pm	Jazz Club – 4:10pm to 4:40pm	Italian – 4:10pm to 5:00 pm	Table Tennis Coach – 4:10pm to 5:10pm
Minecraft – 4:10pm to 5:00 pm	Debating Society – 4:10pm to 5:00 pm	Arts and Crafts – 4:10pm to 5:00 pm	Rugby – 4:10pm to 5:00 pm	Current Affairs and Critical Thinking – 4:10pm to 5:00 pm
Book Club – 4:10pm to 5:00 pm		Problem Solving – 4:10pm to 5:00 pm	Debating Society – 4:10pm to 5:00 pm	

Year 6

Monday	Tuesday	Wednesday	Thursday	Friday
Throughout the Day				
LAMDA	LAMDA			LAMDA
Morning				
Strings Orchestra – 8:30am to 9:00am	HIIT – 8:10am to 8:50am		Geography Society – 8:15am to 8:50am	Swimming – 7:45am to 8:30am
	Wind Band – 8:30am to 9:00am			
Lunch Time				
	Chess – 1:00pm to 1:55pm	Rock Band – 1:00pm to 1:45pm	Chess – 1:00pm to 1:55pm	SH Choir – 1:00pm to 2:00pm
After School				
Astronomy – 4:10pm to 5:00 pm	Fencing – 4:10pm to 5:10pm	Little House of Science – 4:10pm to 5:10pm	Karate – 4:10pm to 5:10pm	Table Tennis Coach – 4:10pm to 5:10pm
Drama – 4:10pm to 5:00 pm	Playground Games – 4:10pm to 5:00 pm	Jazz Club – 4:10pm to 4:40pm	Italian – 4:10pm to 5:00 pm	Current Affairs and Critical Thinking – 4:10pm to 5:00 pm
Book Club – 4:10pm to 5:00 pm	Debating Society – 4:10pm to 5:00 pm	Arts and Crafts – 4:10pm to 5:00 pm	Rugby – 4:10pm to 5:00 pm	
Minecraft – 4:10pm to 5:00 pm		Problem Solving – 4:10pm to 5:00 pm	Debating Society – 4:10pm to 5:00 pm	

Year 7

Monday	Tuesday	Wednesday	Thursday	Friday
Throughout the Day				
LAMDA	LAMDA			LAMDA
Morning				
Strings Orchestra – 8:30am to 9:00am	HIIT – 8:10am to 8:50am		Geography Society – 8:15am to 8:50am	Swimming – 7:45am to 8:30am
	Wind Band – 8:30am to 9:00am			
Lunch Time				
	Chess – 1:00pm to 1:55pm	Rock Band – 1:00pm to 1:45pm	Chess – 1:00pm to 1:55pm	SH Choir – 1:00pm to 2:00pm
After School				
Astronomy – 4:10pm to 5:00 pm	Fencing – 4:10pm to 5:10pm	Little House of Science – 4:10pm to 5:10pm	Karate – 4:10pm to 5:10pm	Table Tennis Coach – 4:10pm to 5:10pm
Drama – 4:10pm to 5:00 pm	Debating Society – 4:10pm to 5:00 pm	Jazz Club – 4:10pm to 4:40pm	Italian – 4:10pm to 5:00 pm	Current Affairs and Critical Thinking – 4:10pm to 5:00 pm
Book Club – 4:10pm to 5:00 pm		Arts and Crafts – 4:10pm to 5:00 pm	Rugby – 4:10pm to 5:00 pm	
			Debating Society – 4:10pm to 5:00 pm	

Year 8

Monday	Tuesday	Wednesday	Thursday	Friday
Throughout the Day				
LAMDA	LAMDA			LAMDA
Morning				
Strings Orchestra – 8:30am to 9:00am	HIIT – 8:10am to 8:50am		Geography Society – 8:15am to 8:50am	Swimming – 7:45am to 8:30am
	Wind Band – 8:30am to 9:00am			
Lunch Time				
	Chess – 1:00pm to 1:55pm	Rock Band – 1:00pm to 1:45pm	Chess – 1:00pm to 1:55pm	SH Choir – 1:00pm to 2:00pm
After School				
Astronomy – 4:10pm to 5:00 pm	Fencing – 4:10pm to 5:10pm	Little House of Science – 4:10pm to 5:10pm	Karate – 4:10pm to 5:10pm	Table Tennis Coach – 4:10pm to 5:10pm
Drama – 4:10pm to 5:00 pm	Debating Society – 4:10pm to 5:00 pm	Jazz Club – 4:10pm to 4:40pm	Italian – 4:10pm to 5:00 pm	Current Affairs and Critical Thinking – 4:10pm to 5:00 pm
Book Club – 4:10pm to 5:00 pm		Arts and Crafts – 4:10pm to 5:00 pm	Rugby – 4:10pm to 5:00 pm	
			Debating Society – 4:10pm to 5:00 pm	

Arts and Crafts

Anthony will help the boys explore different materials, styles and techniques; they will look at well-known artists and of course they will produce lots of colourful and beautiful pieces of work. Hopefully, it will inspire lots of budding artists!!!



Astronomy

Astronomy club is a place to learn about and discuss the vast expanses of space and the science behind it. Not only will the boys have exposure to the outer reaches of the universe and an extra-curricular bit of physics, but they will be encouraged to take a critical exposure to how we know and understand the things that are beyond our physical reach.



Book Club

The Book Club will have the opportunity to read a wide range of genres of books and take part in thought-provoking discussions, sharing their opinions, questioning aspects of the plot and sharing ideas for future reads. Boys will also share their recommended reading books with other pupils outside the class and in editions of The Patton. A great opportunity for our avid readers to take part in a group activity or just have a nice relax with a good book at the end of the school day!



Chess

Chess is an incredibly beneficial pastime, because playing chess results in better brain function, improved memory and cognitive abilities, strategic thinking and attention improvement.

Lucas and Tony have been coaching chess at St. Anthony's for many years. They have inspired many players over the years and in the Senior House we enter our players in regional competitions and fixtures with other local schools.

Cost: £119 per Term



Choir

The St. Anthony's Choir is for Years 4 and above. Entry is conditional on good attendance. The club takes place on Friday Lunchtime each week. Boys are expected to attend both sessions. The choir will perform regularly at school Mass and concerts.



Coding

In this club we introduce students to text-based coding using JavaScript. Students learn to program by creating fun apps that work on computers and gadgets like phones and tablets. Students will learn about coding fundamentals such as conditional logic, functions, loops and operators, whilst also building visually exciting projects which keeps students engaged throughout the term and excited to develop new projects each week.

Cost: £151 per Term



Current Affairs and Critical Thinking

Critical thinking is one of the most important skills a student must acquire in the 21st century. Over the years, an increasing number of countries have adopted holistic school syllabi for their students to hone these skills in different aspects. Instead of spoon-feeding students, teachers are assigning projects that require them to think creatively and critically to solve problems. We can use a few aspects of critical thinking by reading up on current affairs and trying to understand and evaluate the news so as not to be fooled by misleading headlines, clickbait and fake news online. Richard is very keen to introduce these skills to our boys in Years 5 and 6, not only for the positive impact they will have as they face forthcoming interviews, but as a life skill that could prove invaluable. IF MORE THAN 12 SIGN UP FOR THIS CLUB, IT WILL RUN IN TWO GROUPS WHO WILL ATTEND ON ALTERNATE WEEKS – MAX SIZE 12 PER GROUP



Drama

Beren will be using techniques from the worlds of improv and theatre, to give your pupils the technical and collaborative tools they need to create their own characters, stories, and scenes from scratch!



Debating Society

Debating has proved so popular that we will be offering two clubs now; one on Tuesday (Claudia) and one on Thursday (Rishi). This club should provide the boys with valuable skills that will prove so useful in the near future, as they approach a number of interviews over the coming years.

What are the Benefits of Debating?

- Improved critical thinking skills.
- Pupils acquire better poise, speech delivery, and public speaking skills.
- Increased student retention of information learned.
- Improved listening note-taking skills and increased self-confidence.
- Enhanced teamwork skills and collaboration.

Also, there will be opportunities to compete with other schools in the future.



Fencing

We are very pleased to introduce this exciting new club to our roster of extracurricular activities. Fence Club 43 will be offering classes for all levels (<https://www.fenceclub43.com>). ALL KIT IS PROVIDED.

Skills are built on week to week, from basic to more advanced skills and tactics later in the term. Sparring is an important aspect of our classes, getting the children to use what they've learned in a match is the best path to improvement and a rich experience for the children.

Cost: £136 per Term



Geography Society

St. Anthony's geography society is open to years 4, 5, 6, 7, & 8. It will run every Thursday morning with Georgina at 8:15- 8:50am. The geography society will be involved in hands-on projects in the local area and regular visits to Hampstead Heath. We will also engage with scenario role-playing, exploring such issues as how the school and the government can respond to the current energy, as well as other activities which involve modelling of the world trade system. You may be subject to the opportunity of joining conferences led by the geographical society but also arranging guest speakers to come to St. Anthony's. This society will enhance your ability to be critical of the world around you and make a difference to your local area and your school.



HIIT

Jonathan, our Director of Sport, will lead this morning workout session. High Intensity Interval Training (HIIT) is a workout based primarily on aerobic exercise that can be done just about anywhere and at any time. HIIT isn't necessarily about the exercise, the equipment, or the workout location. The name gives away the secret to its success — the intensity MUST be high to receive the benefits.



Italian

Join us every Thursday for a dive into the Italian culture and language. Students will have the opportunity to practise their reading, listening, writing and speaking skills in the Italian language through a variety of creative activities. Through our sessions the students will also appreciate the Italian culture through film, literature and music. We are looking forward to seeing you there.



Jazz

Tim Doyle will be running Jazz Band is an experienced jazz pianist, guitarist and bassist with a great knowledge of arranging and composing for jazz ensembles. The plan for jazz ensemble this year won't be to force the students to play music from 100 years ago, but to take music that is relevant to the boys in the ensemble and make suitable jazz arrangements for the instruments in the ensemble and teach them how to improvise and play in styles relevant to their tastes. Ear training, improvising and understanding groove and 'jamming' will be at the centre of the ensemble.

Cost: £155 per Term



Karate

Sensei Loui, from the Shotokan Karate School, has been teaching Karate at St. Anthony's for a number of years, with great success. The club proved very popular.

Learn Karate & Self Defence and Benefit From:

- Improved self-confidence
- Respect for yourself and others too
- Improved focus and concentration
- Development of motor skills
- Better hand-eye coordination
- Improvement of balance and gravity-related skills
- Sharpening of reflexes
- Spirit of friendly competition without malice

Cost: £77 per Term



LAMDA

Achieve Arts Speech and Drama School are one of the top LAMDA providers in North London. Achieve Arts are registered as a private centre with LAMDA, and they have a 100% success rate in all LAMDA examinations. The team are highly experienced, having all trained at accredited Drama Schools and they teach important life skills such as solo speaking, vocal projection, vocal diction, confidence, communication skills and of course LAMDA graded work. Classes are run in 30-minute sessions for two students. Please do check out The Achieve Arts website www.achievearts.co.uk. This club is already fully booked. Should you wish to join please contact Anthony via email (Anthony.Christoforou@stanthonysprep.co.uk)
Cost: £162 per Term



Little House of Science

Little House of Science is built on the principle of nurturing the natural curiosity and quest for knowledge which kids have about the world around them. The foundation of everything around us is based on the principles of science and we aim to inspire our pupils. Little House of Science is based on teaching Life, Earth, Physical Sciences (covering biology, chemistry, physics, engineering, robotics). Each week we cover a new topic filled with exciting, risk-free experiments and demonstrations. Our teachers who are scientists or teachers with a science background, ensure our pupils enjoy a thrilling, fun environment to nurture their creativity and expand their knowledge.
Cost: £173 per Term



Minecraft

Minecraft is educational because it enhances creativity, problem-solving, self-direction, collaboration, and other life skills. In the classroom, Minecraft complements reading, writing, math, and even history learnings. Both fun and educational, Minecraft is easily on our list of best video games for kids.



Playground Games

The boys will do a variety of fun activities and sports. The aim is to introduce them to numerous sports, helping them develop multiple skills and improve all-round coordination.



Problem Solving

In Problem Solving club we will endeavour to create a pathway for St Anthony's pupils to improve their problem-solving skills in an environment where learning is seen as fun and goes beyond the classroom. We also support those students to build their confidence.



Rock Band Workshop

St. Anthony's has a long heritage of producing exceptional Rock Bands. Our end of term GAW celebrations have often been highlighted by their performances. Alan Gruner has been at the heart of the St. Anthony's Rock Band tradition. Indeed, some of his St. Anthony's protégés have gone to lead successful careers in bands such as 'Bombay Bicycle Club' and 'Razorlight'. Hopeful he can produce some more Rock stars of the future!!!



Rugby

Oskar is an ex-professional Rugby player with a passion for the sport. He will be running this club to help the boys hone their skills in preparation for next term's Rugby season.



Strings Orchestra

Tanja Houston will be leading the Strings Orchestra. She is an experienced violinist having trained in Moscow and Beijing. The club will be open to all string players of all levels. Cost: £155 per Term



Swimming

At St. Anthony's we are lucky to have a swimming pool on site. We will be developing stroke technique, racing and doing fun pool games.



Table Tennis

Zoltan is an experienced coach, who coaches many boys from St. Anthony's already at the Cumberland Cricket Club off Finchley Road. He comes highly recommended!!!

Cost: £87 per Term



Wind Band

Jonathan Willett will be running a Wind Band group. The club will take place on Tuesday mornings at 8:30am until 9:00am in the Senior House Music Room. The Wind Band will be a place where saxophones, recorders, flutes, and clarinets and brass instruments blend in harmony. Our talented students will develop their musicianship and ensemble skills while preparing to perform at school concerts.

Students must know at least 5 notes!!!

Cost: £155 per Term





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